



Agency	Services	Information
211 in Putnam County Call 211 or 800-899-1479, available 24/7 Text your zip code to 898-211 www.211hudsonvalley.org	Information & Referral	211 is an easy to remember phone number that helps you find help in your community, things like housing, food, mental health & substance use services, and more.
Putnam County Crisis Hotline 845-225-1222 available 24/7	Mental Health Services	A 24-hour hotline for individuals in crisis dealing with emotional or mental stresses.
Putnam County Department of Social Services and Mental Health 110 Old Route 6, Carmel, NY 10512 845-808-1500 Mon-Fri, 9am-5pm Mid-June-Mid September: Mon-Fri, 8am-4pm SPOA Unit - Department of Mental Health 110 Old Route 6, Building 2, Carmel, NY 10512 (845) 808-1500, ext. 45276 www.putnamcountyny.com/departments-of-social-services	Emergency Shelter Employment Family Supports Food Health Care Housing Mental Health Services Public Benefits Substance Use Services Transportation	Offers a wide range of services for families and individuals in Putnam including financial assistance, employment services, counseling, Medicaid, and emergency services. SPOA reviews community referrals for Assertive Community Treatment (ACT), Mental Health Residential Housing Services, and Health Home Care Management for people 18+ with Severe Mental Illness (SMI).
Putnam County Veterans Service Agency 110 Old Route 5, Bldg. 6, Carmel, NY 10512 845-808-1620 www.putnamcountyny.gov/veterans-service-agency	Veterans' Services	Helps veterans and their dependents receive the maximum benefits from the federal Department of Veterans Affairs and at all levels of government. Services include free accredited representation, securing military and personal records, and assistance filing for veterans' real property tax exemption and veterans' medical ID card.
Affordable Broadband Act Low-Cost Home Internet Call 211 to learn more. https://broadband.ny.gov/consumer-resources	Public Benefits	\$20/month high-speed home internet service available for low-income households as required by New York State law.



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For Suicide & Crisis Lifeline
call or text 988, available 24/7





NYS Reentry Resources

Services for Putnam County

August 2026

Cove Care Center 1808 Route 6, Carmel, NY 10512 845-225-2700 Mon-Thu, 9am-7:30pm; Fri, 9am-5:30pm www.covecarecenter.org	Mental Health Services Substance Use Services	Provides outpatient mental health treatment, alcohol and substance abuse outpatient treatment, Community-Based Services, Personalized Recovery Oriented Services (PROSper), case management, psychiatric evaluations, and support groups.
Putnam Community Action Program (CAP) 121 Main Street, Brewster, NY 10509 845-278-8021 Mon, Tue, Thu, Fri 8:30am-4:30pm; Wed, 8:30 am-6:30pm https://westcop.org/	Clothing Employment Food	Helps with clothing and food distribution, employment, and financial assistance; a program of WestCOP.
Putnam Hospital Center - Nuvance Health 670 Stoneleigh Ave., Carmel, NY 10512 845-279-5711, 24/7 www.nuvancehealth.org/locations/putnam-hospital	Hospital Health Care Mental Health Services	164 bed acute care hospital with 24-hour emergency services. Offers psychiatric care including a partial hospitalization program



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