



Agency	Services	Information
211 in Albany County Call 211 or 800-899-1479 or text your zip code to 898-211, available 24/7 www.211hudsonvalley.org	Information & Referral	211 is an easy to remember phone number that helps you find help in your community, like housing, food, mental health & substance use services & more.
Westchester County Department of Community Mental Health 12 East Post Rd, White Plains, NY 10601 Main Number - (914) 995-5220 SPOA Unit - (914) 995-5078 Mon-Fri, 9:00 am - 5:00 pm www.westchestergov.com/mentalhealth	Disability Services, Mental Health Services, Substance Use Services	Plans, oversees, and coordinates services for individuals, and their families, with mental illness, developmental disabilities and substance abuse disorders. SPOA – Single Point of Access reviews referrals for Assertive Community Treatment (ACT), Mental Health Residential Housing Services, and Health Home Care Management for individuals 18+ with Severe Mental Illness.
Westchester County Depart. of Social Services 112 East Post Road, White Plains NY 10601 Call Center (914) 995-3333, 9:00 am – 5:00 pm After Hours (914) 994-2099 White Plains (COUNTY CENTER) 10 County Center Road, White Plains, NY 10607 (914) 995-6522 Mon-Fri, 8:30 am – 5:00 pm Yonkers - 131 Warburton Ave., Yonkers, NY 10701 (914) 231-2000 Mon-Fri, 8:30 am – 5:00 pm White Plains - 85 Court St., White Plains, NY 10601 (914) 995-3333 Mon-Fri, 8:30 am – 5:00 pm Mt. Vernon - 100 East 1st St., Mt Vernon, NY, 10550 (914) 995-3333 Mon-Fri, 8:30 am – 5:00 pm Peekskill - 750 Washington St., Peekskill, NY, 10566 (914) 995-3333 Mon-Fri, 9a-5p SAMARITAN HOUSE SHELTER - 33 Church St, White Plains, NY, 10601 (914) 948-3075, 24/7 OPEN ARMS SHELTER - 86 East Post Rd, White Plains, NY, 10601 (914) 948-5044, 24/7	Emergency Shelter, Employment, Family Supports, Food, Health Care, Identification, Public Benefits, Transportation	Provides benefits including emergency shelter and housing assistance, SNAP, HEAP, TA, Medicaid, and other benefits. socialservices.westchestergov.com



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OASIS SHELTER - 19 Washington Ave, New Rochelle, NY, 10801 (914) 633-0101, 24/7 JAN PEEK SHELTER - 200 N. Water St, Peekskill, NY, 10566 (914) 736-2636, 24/7		
Choice of New York, Inc. <ul style="list-style-type: none"> - 71 North Ave., New Rochelle, NY 10801 - 200 East Post Rd., White Plains, NY 10601 - 1 Park St. 2nd Floor, Peekskill, NY 10566 (914) 576-0173 https://choiceofny.org/	Housing, Mental Health Services, Reentry Services	Provides case management services, homeless outreach programs, and criminal justice reentry services.
Eastchester Community Action Program 142-144 Main St., Tuckahoe, NY 10707 (914) 337-7768 www.westcop.org	Clothing, Food	Provides food and clothing to the community.
Four Winds Hospital 800 Cross River Rd. Katonah 10536 (914) 763-8151, 24/7 www.fourwindshospital.com	Mental Health Services	Provider of inpatient and outpatient mental health and psychiatric treatment services.
Hudson Valley Community Services <ul style="list-style-type: none"> - 40 Saw Mill River Dr., UL-5, Hawthorne, NY 10532 (914) 345-8888 - 137 S. 4th Ave., Mount Vernon, NY 10550 (914) 699-1025 www.hudsonvalleycs.org 	Food, Health Care, Mental Health Services, Substance Use Services, Personal Care Items, Reentry Services	Provides case management, financial assistance, housing assistance, transportation, food pantry, toiletries, STI testing & prevention services, substance use services include syringe access, Reentry Enhancement Coordination program.
Hudson Valley Developmental Disabilities Service Office - NYS OPWDD 220 White Plains Rd. Tarrytown, NY 10591 (914) 332-8989 opwdd.ny.gov	Disability Services	Coordinates services for individuals with developmental disabilities, including Intellectual Disabilities, Cerebral Palsy, Down Syndrome, Autism Spectrum Disorders, and other Neurological Impairments.
Human Development Services of Westchester, Inc. 930 Mamaroneck Ave., Mamaroneck, NY 10543 Mon-Fri, 9:00 am - 5:00 pm (914) 939-2878	Housing, Mental Health Services	Provides rehabilitative, residential, respite and community stabilization services for people with behavioral health conditions. www.hdsw.org
Innovative Health Systems 20 Church St., White Plains 10601 914-683-8050 Mon-Fri, 8:30am-7:30pm	Family Support, Health Care, Mental Health Services,	Outpatient chemical dependency programs offering confidential treatment to individuals and families. Offers



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www.innovativehealthsystemsinc.com	Substance Use Services	care for those new to treatment and after-care or residentially rehabilitation after detoxification.
Jawonio, Inc - 176 S. Broadway, Yonkers, NY 10701 (914) 963-8666 Mon-Fri, 8:30am-4:00pm - 260 N Little Tor Rd, New City, NY, 10956 (845) 708-2000 Mon-Fri, 8:30am-7:30pm	Employment, Food, Health Care, Mental Health Services	Provides comprehensive rehabilitative, educational, employment/ vocational, case management and community living services to children and adults with physical, developmental and/or emotional disabilities. jawonio.org
Lexington Center for Recovery - 24 Smith Ave., Mount Kisco 10701 (914) 714-4872 Mon-Fri 9:00 am - 5:00 pm - 3 Corporate Dr, Peekskill, NY, 10566 (914) 257-3500 Mon-Fri, 6:30 am – 2:00 pm - 2875 NY-35, Katonah, NY, 10536 (914) 666-0191 Mon-Fri, 9:00 am - 5:00 pm - 3 Cottage Pl, New Rochelle, NY, 10801 (914) 235-6633 Mon-Fri, 9:00 am – 6:00 pm	Mental Health Services Substance Use Services Family Supports Emergency Shelter Health Care	Provides outreach to treat addictions in addressing all the needs of clients and their families. Offers chemical dependency services, Opioid Treatment Program, gambling treatment program, peer support services, psychiatric services, Medication Assisted Treatment including suboxone and vivitrol. Permanent housing available. Specialized services for Spanish speaking clients. www.lexingtonctr.org
Lifting Up Westchester - 35 Orchard St., White Plains 10603 (914) 949-3098 Mon-Fri, 9:00 am – 5:00 pm - 86 East Post Road, White Plains, NY, 10601 (914) 948-5044, 24/7 - 33 Church Street, White Plains, NY, 10601 (914) 948-5044, 24/7 www.liftingupwestchester.org	Clothing, Education, Employment, Family Supports, Food, Homeless Shelter, Mental Health Services, Public Benefits	Serves homelessness, hunger and extreme poverty. Programs include a soup kitchen, men's shelter, women's shelter, summer day camp and after school mentoring for homeless and disadvantaged children, supportive housing for individuals with mental illness, chronic homelessness or AIDS/HIV and support to individuals with developmentally disabilities, housing retention and employment and vocational services.
Mental Health Association of Westchester County 580 White Plains Rd., Ste. 510, Tarrytown, NY 10591 (914) 345-5900 Mon-Fri, 9:00 am - 5:00 pm www.mhawestchester.org	Health Care, Information & Referral, Mental Health Services, Public Benefits	Mental health agency that delivers a wide array of person-centered and recovery-oriented services, professional and community education and advocacy. Other locations in Westchester County.



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Mental Health Empowerment Project (MHEP) THE R.I.S.E. CENTER - 6 Gramatan Ave, Ste 206, Mount Vernon, NY 10550 (914) 664-3444 mhepinc.org	Health Care, Mental Health Services, Peer Support, Reentry Services	Provides mutual support for the recovery of people with psychiatric disabilities through advocacy, peer support, education.
Montefiore Mount Vernon Hospital 12 North 7th Ave., Mount Vernon, NY 10550 (914) 664-8000, 24/7 www.montefiorehealthsystem.org	Health Care, Hospital, Mental Health Services	Community based, teaching hospital providing a full range of diagnostic and therapeutic medical and surgical services. Offers specialty programs and services.
National Alliance on Mental Illness (NAMI) of Westchester - 100 Clearbrook Rd., Elmsford, NY 10523 (914) 592-5458 Mon-Fri, 9:00 am – 3:00 pm www.namiwestchester.org	Education, Family Supports, Mental Health Services	A support, self-help and advocacy organization dedicated to improving the quality of life for those, and their families, suffering from the major brain diseases called mental illnesses.
Rockland Psychiatric Center RPC – NYS OMH 140 Old Orangeburg Road, Box 140 Orangeburg, NY 10962 (845) 359-1000, 24/7	Mental Health Services	State facility that offers comprehensive psychiatric services, both inpatient and community based. Multiple locations and services.
Westchester Community Health Center – Mount Vernon , 107 W 4th St., Mt Vernon, 10550 (914) 699-7200, Mon-Fri, 9am–5pm; Wed, 9am–7pm - 295 Knollwood Rd., White Plains, NY 10607 (914) 989-7600 Mon-Fri, 9:00 am – 5:00 pm – Yonkers Community Health Center , 30 South Broadway, Yonkers, NY, 10701 (914) 968-4898	Health Care, Mental Health Services	Provides comprehensive ambulatory health care services to infants, children, adults and seniors. Free transportation provided to registered seniors, those with disabilities or special needs patient. westchestercommunityhealthcenter.org
Westchester Jewish Community Services (WCJS) 141 North Central Avenue, Hartsdale, NY, 10530 (914) 949-6761 Mon-Fri, 9:00 am - 5:00 pm Other locations available	Education, Employment, Family Support, Mental Health Services	Offers social supports and mental health clinic. www.wjcs.com
WESTHAB 103 Elm Street, Yonkers, NY, 10701 (914) 345-2800 Call for other locations www.westhab.org	Emergency Shelter, Employment, Food, Housing Mental Health Services	Provides safe, affordable housing and supportive services as needed, to help people improve their quality of life, and to help create secure communities in under-served neighborhoods.



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